

# Sample Nigerian Menu

## *Hot Hor 'd oeuvres*

Chin Chin

Puff Puff

Buns

Buns (Sweet and Fried Dough)

Meat Pie (Patties)

Sausage Rolls

Beef or chicken kabob with spices (Suya)

## *Vegetables*

Egusi Soup

Vegetable Soup (Edikaikon)

Efo Riro (Vegetable Soup)

Fried Plantain

## *Entrees*

Tender Beef cooked in Bell Pepper and Tomato Sauce

Stewed Goat meat in Tomato Sauce

Smoked Turkey Stewed in Tomato Sauce

Fried Croaker Fish stewed

Stewed Chicken (Hen)

Assorted Meat Stewed  
Baked or Roasted Tilapia

### *Sides*

Jollof Rice (Rice cooked in Tomato Sauce)  
Curry Fried Rice with Mixed Vegetable  
Orzo Cooked Bell Pepper and Olive Oil  
Seasoned Roasted Potato  
Black eye Beans Porridge  
Moimoi (cooked Ground Black eyed beans)  
Yam Porridge

### *Salads*

Mixed green salad  
Vegetable salad

### *Deserts*

Vanilla, Chocolate and Strawberry Ice Cream  
Mango, Lemon and Orange Sorbet  
Assortment of Cookie Display  
Cheese Cake  
Home Style Seasonal Pies  
Assortment of Candy Display