

Sample Menu Items

Select from one of our delicious Vegetable

Vegetables

Spinach

Sautéed spinach in olive oil and garlic

Carrot

Baby fresh carrots sautéed in olive oil seasoned with sesame and ginger

Green Beans

Steam green beans and yellow or orange bell pepper drizzled with olive oil and sea salt.

Broccoli

Steamed and drizzled with olive oil and sea salt.

Asparagus

Slightly sautéed in olive and seasoned with garlic, herb and sprinkled with sea salt.

Vegetable Medley

Carrot, Cauliflower and broccoli steamed and seasoned with sea salt and olive oil

Vegetable Medley 2

Squash and zucchini broiled and seasoned with sea salt and black pepper. Drizzled with olive oil